

# We Support

**YOUNG PEOPLE** AGED 13-25  
IN **CAMBRIDGESHIRE**  
AND **PETERBOROUGH**



## Someone to talk to

"I don't think I will ever be able to say how **grateful** I am for your help... **Thank you** for **not judging me**, and **allowing me to be just me**"

**You can talk to us** about anything such as **sexual health**, housing, **money**, caring and **mental health**. We also offer **free condoms**, pregnancy tests, **chlamydia tests**, foodbank vouchers and **c-card registration and pick-up**.

**Friendly, free and non-judgemental** drop-ins and appointments in **Cambridge, Peterborough, Ely, Huntingdon and Wisbech**

**You can** refer yourself to us or an adult can help you.

"It was such a **relief** that I was being **listened to** and something was **being done**"

## Contact:

**DROP-INS:** opening times on our website

**HELPLINE:** 0333 4141 809

**E-MAIL:** [help@centre33.org.uk](mailto:help@centre33.org.uk)

**TEXT:** 07514 783745

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