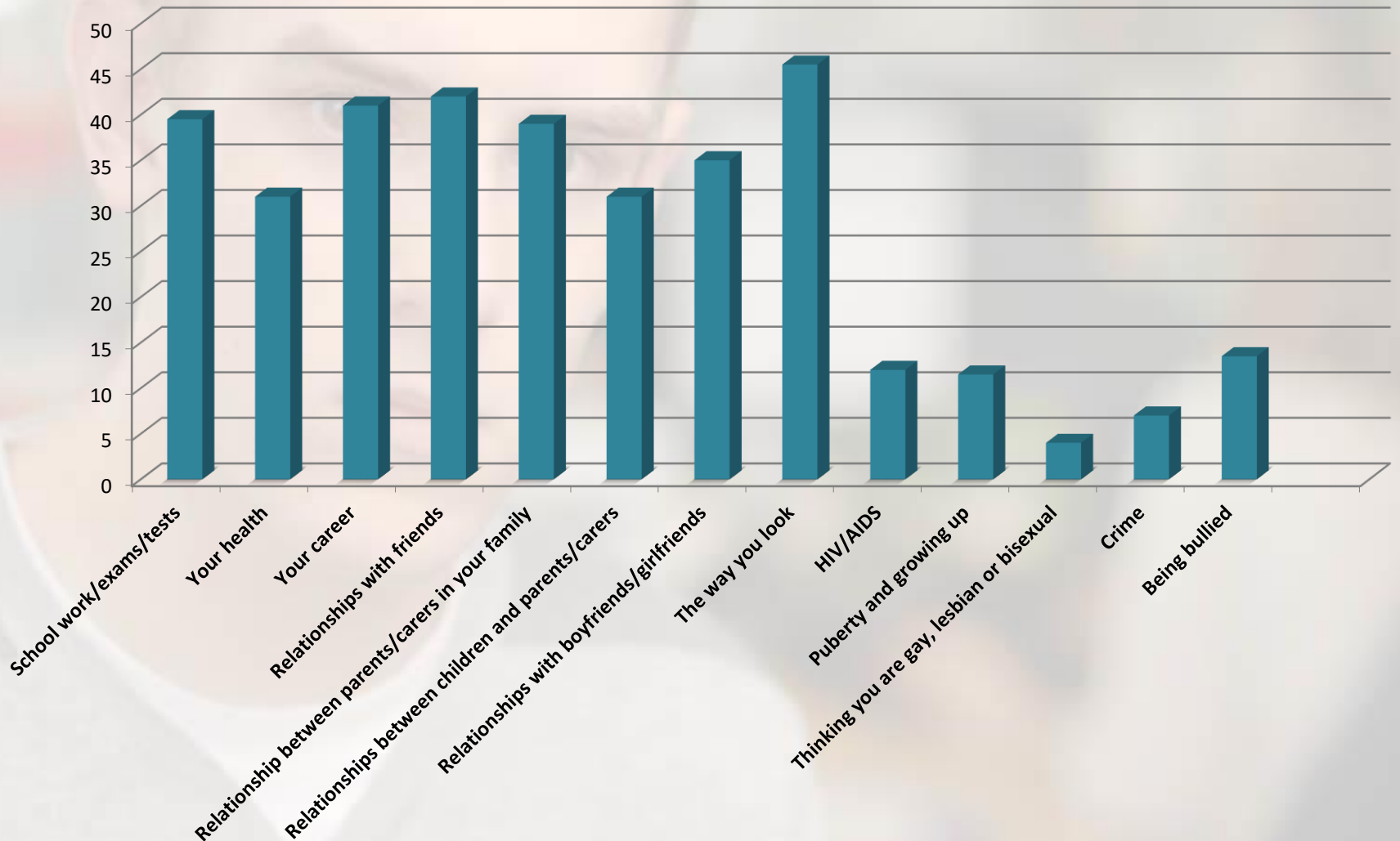


Mental and Emotional Wellbeing: Engaging Young People in Planning Provision

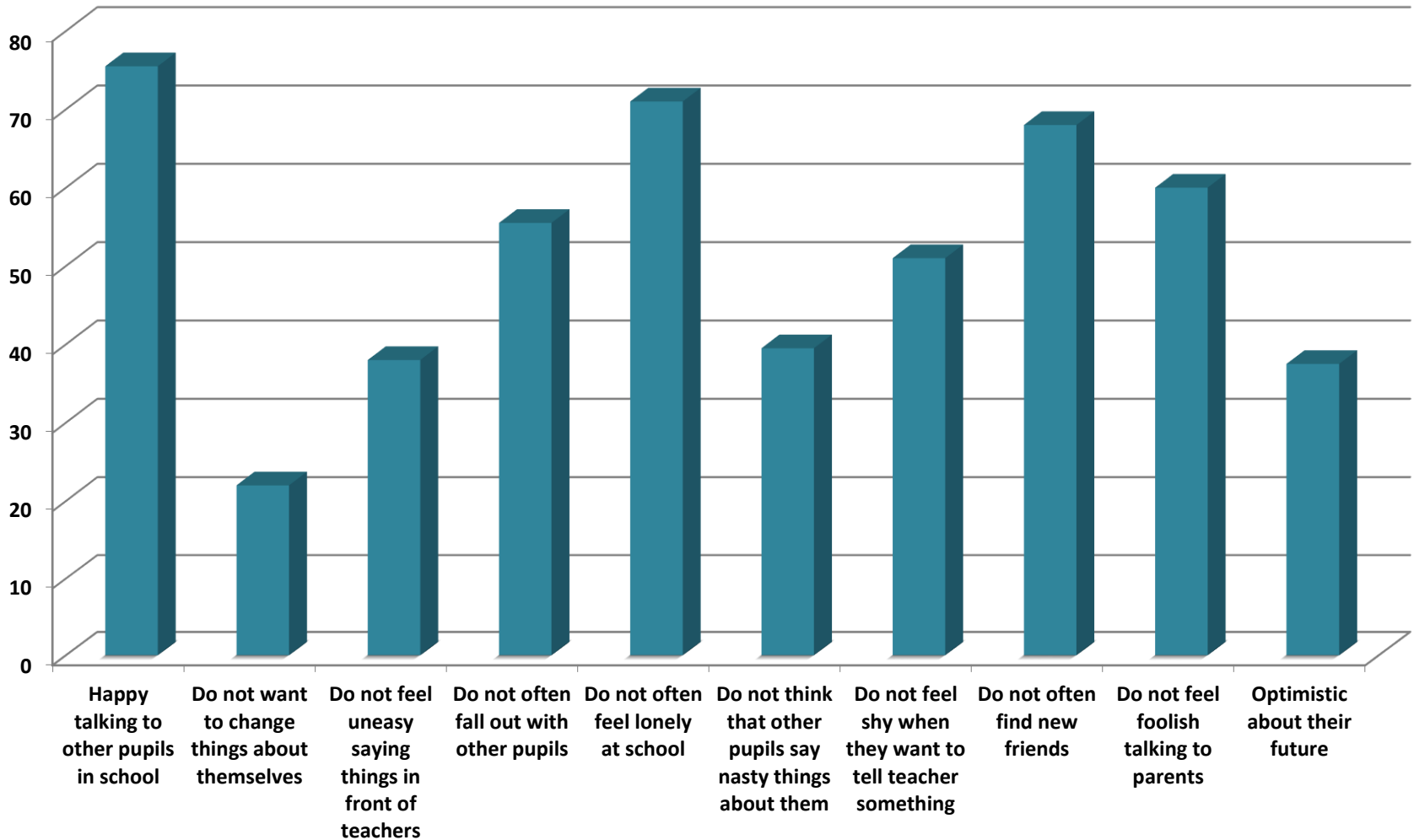
Health Related Behaviour Survey Key Data on Mental and Emotional Wellbeing

Young People and Worries

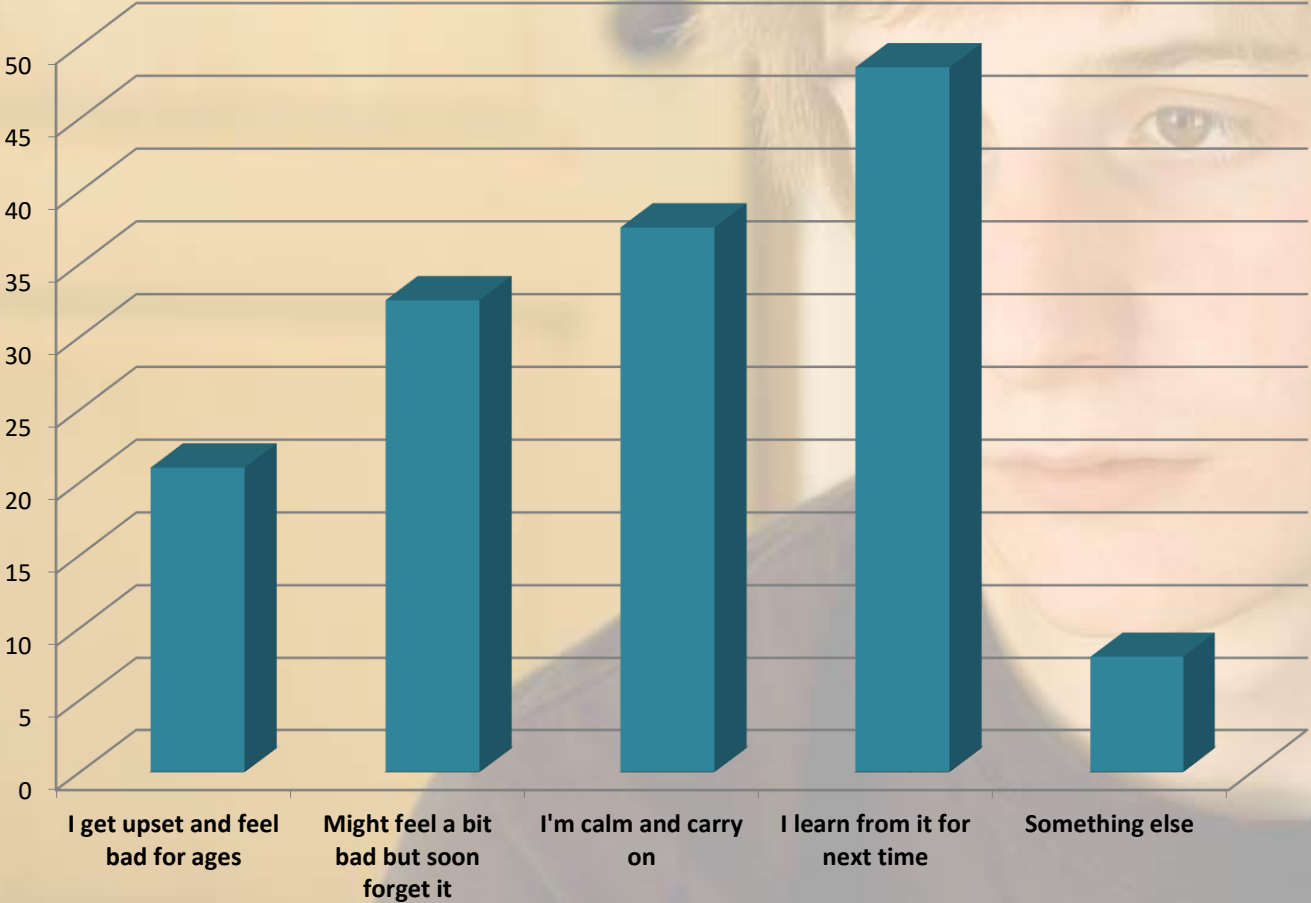
What young people worry about “quite a lot” or “a lot”



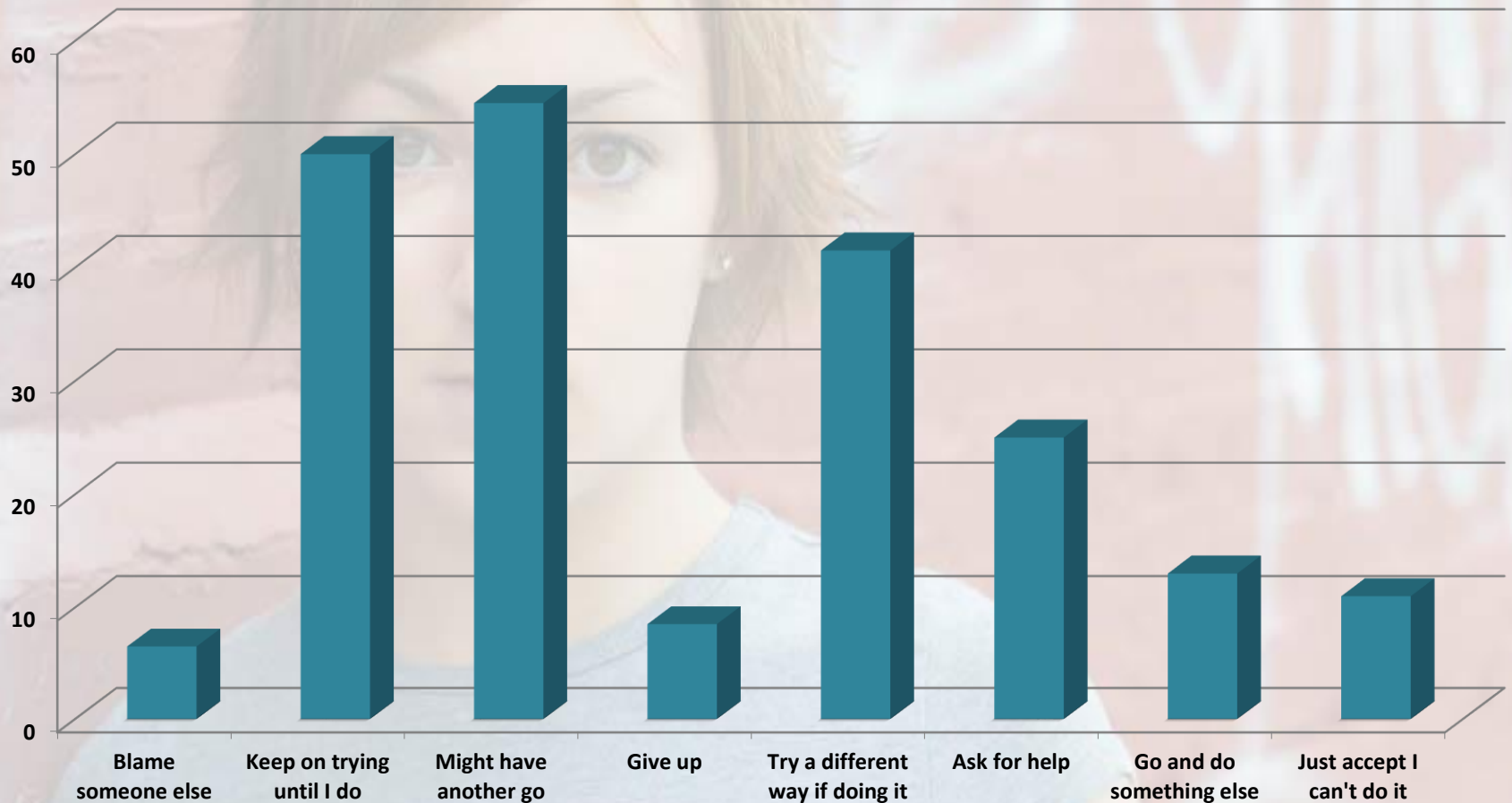
% of young people giving a high self-esteem response



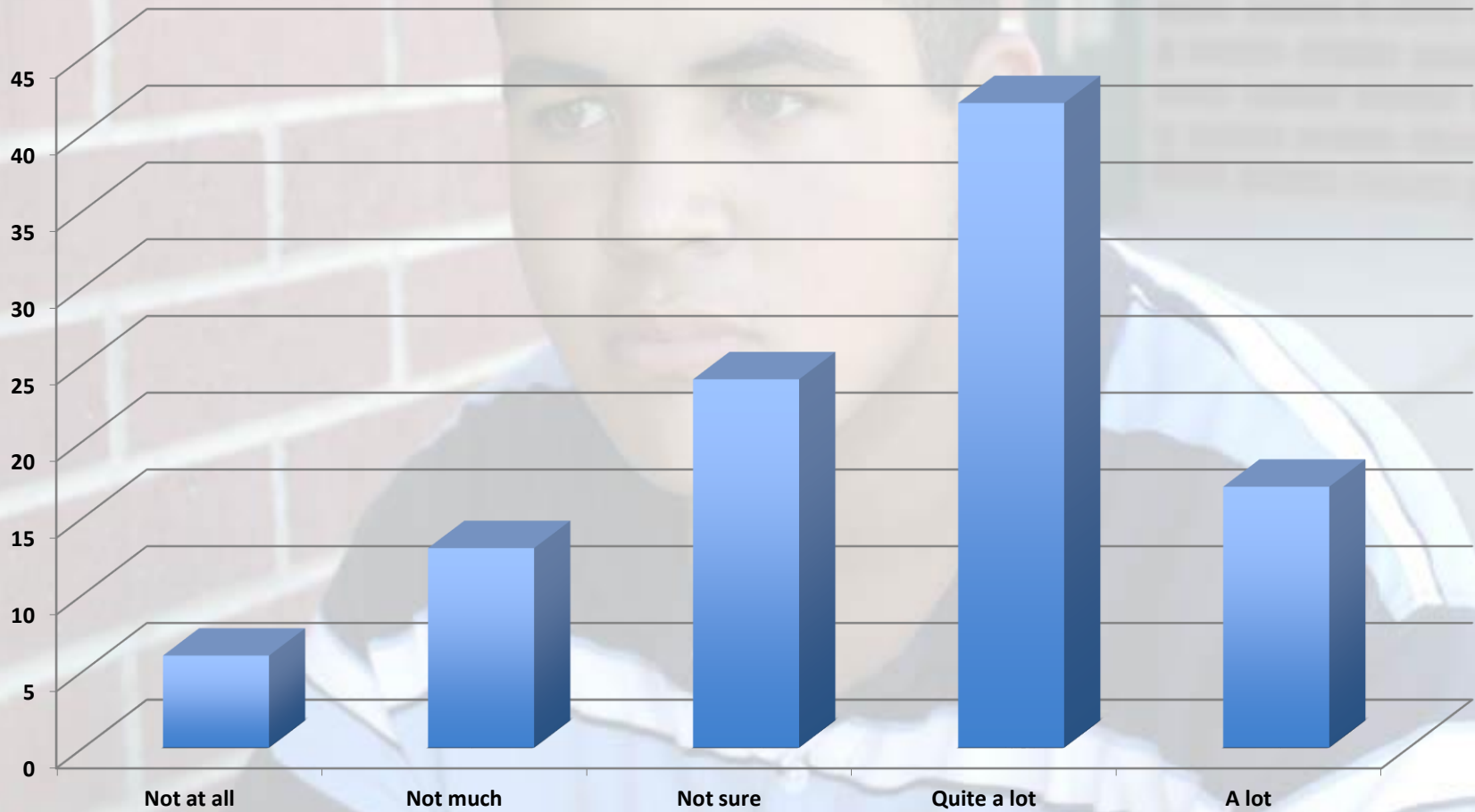
% who “usually” or “whenever possible” feel the following when something goes wrong



% who “usually” or “whenever possible” do the following if at first they don’t succeed



In general, how satisfied do you feel with your life at the moment?



How many adults can you really trust?

