



**Cambridgeshire and Peterborough  
Clinical Commissioning Group**

## **Eating Disorder Support Information**

The SUN Network and The Cambridgeshire and Peterborough Clinical Commissioning Group (CCG) are working together to co-design leaflets, top tips, myth busters and support information for people needing to access the eating disorder services and their carers/ loved ones.

The people best placed to help us design this information are people who have already used the eating disorder services or experienced an eating disorder or caring for someone with an eating disorder. (adult eating disorder services and those who have or are transitioning from children to adults services)

We will be holding design workshops for people who have experienced having an eating disorder and separate workshops for carers/ loved ones.

If you are interested in participating either of these sets of workshops which will run from January to June (you can dip in and out as and when you are able) then we would love to hear from you. Alternatively you may want to have a say but be unable to attend the workshops—we would still love to hear from you.

**Please contact Lois Sidney:**

**Email: [lois.sidney@sunnetwork.org.uk](mailto:lois.sidney@sunnetwork.org.uk)**

**Call/Text/Whatsapp: 07712 358172**



**Personalised Eating Disorder Support**



**Cambridgeshire and  
Peterborough  
NHS Foundation Trust**