Project for schools is an innovative Tier 2 service aiming to provide support and plan interventions with staff and relevant professionals working in educational settings, with children who are experiencing emotional difficulties and distress.

We are mental health nurses working across Peterborough in Primary Schools, hoping to recognise the context and impact of emotional, developmental, environmental and social factors of these children experiencing mental health problems.

**What do we do?**

- Support and advise.
- Refer or signpost to appropriate services.
- Provide information.
- Support and ensure inter-agency working through collaboration and consultation.
- Support and plan discharge/transition.
- Training sessions
- Consultations.

**Exclusion criteria**

- Child under 5 or over 11.
- Where a more appropriate service has been commissioned or needed.
- Child in Court proceedings or any court orders unless contracted.
- Not resident in Peterborough
Does a child at school show signs of any of these?
If so, get in touch with us.

- Family issues
- Emotional/behavioural disorders.
- Problems sleeping, feeding, tantrums
- Anxiety, depression, stress
- Adjustment reactions
- Simple phobias
- Self-harm (mild to moderate)
- Loss or bereavement issues
- Is being bullied
- Anger management issues
- Relationship problems (friends, parents, teachers)
- Possible ASD/ADHD
- Attachment difficulties
- Communication problems
- Low self esteem
- Obsessive behaviours
- Separation anxiety

Please contact:

Anthonia Williams, CPN
Emma Graves CPN
T 01733 777939
E cpm-tr.projectforschools@nhs.net